

Six Services of ICDS

1. Supplementary Nutrition Services

Service	Target	Service Entitlement / Service Standards	Eligibility	Place	Contact Person																																			
a. Hot cooked meal	Children 3-6 years Adolescent girls (out of school)	<p>I. Provided at AWC for 25 days a month</p> <p>II. Snacks Biscuits, fruits, roasted grams to be served at 9 AM when preschool starts</p> <p>III. Hot cooked meal served at 12 noon Monday, Wednesday & Saturday - Khichri Tuesday- Rasiyav Thursday- Halwa Friday- Pulao</p> <p>IV. Entitlement Nutritive value and cost per day</p> <table border="1"> <thead> <tr> <th></th> <th>Energy (Kcal)</th> <th>Protein (grams)</th> <th>Cost Rs</th> </tr> </thead> <tbody> <tr> <td>Children 3 – 6 years</td> <td>500</td> <td>600</td> <td>4.00</td> </tr> <tr> <td>Adolescent girls</td> <td>12-15</td> <td>20-25</td> <td>5.00</td> </tr> </tbody> </table>		Energy (Kcal)	Protein (grams)	Cost Rs	Children 3 – 6 years	500	600	4.00	Adolescent girls	12-15	20-25	5.00	<p>Children 3-6 year old in catchment area of ICDS (40)</p> <p>Adolescent girls from BPL families (3)</p>	AWC	AWW/ Labhuk Sabha/Su pervisor/ CDPO																							
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b. Take Home Ration (THR)	Women - Pregnant & Lactating mothers Children 6months - 3 years a. Malnourished b. Severely malnourished.	<p>I. Provided for 25 days in a month</p> <p>II. Distributed at AWCs on 15th of every month</p> <p>III. Entitlement - Food</p> <table border="1"> <thead> <tr> <th>Age group</th> <th>Rice (kg)</th> <th>Dal (kg)</th> </tr> </thead> <tbody> <tr> <td>Children 6m to 3 years</td> <td></td> <td></td> </tr> <tr> <td>a. Malnourished</td> <td>2.5</td> <td>1.25</td> </tr> <tr> <td>b. Severely malnourished</td> <td>4.0</td> <td>2.0</td> </tr> <tr> <td>Pregnant- Lactating women</td> <td>3.00</td> <td>1.5</td> </tr> </tbody> </table> <p>Nutritive value and cost</p> <table border="1"> <thead> <tr> <th>Age group</th> <th>Energy Kcal</th> <th>Protein Grams</th> <th>Cost Rs</th> </tr> </thead> <tbody> <tr> <td>Children 6m to 3y</td> <td></td> <td></td> <td></td> </tr> <tr> <td>a. Malnourished</td> <td>500</td> <td>10 - 12</td> <td>4.00</td> </tr> <tr> <td>b. Severely malnourished</td> <td>800</td> <td>20 -25</td> <td>6.00</td> </tr> <tr> <td>Pregnant- Lactating women</td> <td>600</td> <td>18 -20</td> <td>5.00</td> </tr> </tbody> </table>	Age group	Rice (kg)	Dal (kg)	Children 6m to 3 years			a. Malnourished	2.5	1.25	b. Severely malnourished	4.0	2.0	Pregnant- Lactating women	3.00	1.5	Age group	Energy Kcal	Protein Grams	Cost Rs	Children 6m to 3y				a. Malnourished	500	10 - 12	4.00	b. Severely malnourished	800	20 -25	6.00	Pregnant- Lactating women	600	18 -20	5.00	<p>Pregnant women (8) Lactating mothers (8)?</p> <p>Children 6m - 3 y Malnourished (28) Severely malnourished children to be identified after weighing & enrolled</p>	AWC	AWW/ Labhuk Sabha/Su pervisor/ CDPO
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2. Pre School Education

Service	Target	Service Entitlement / Service Standards	Eligibility	Place	Contact Person
Pre School Education (PSE)	Children 3-6 years	<p>I. Pre School Education will be conducted from 9AM to 1PM on every working day at the AWC.</p> <p>II. AWC must have kit/material for PSE, annual grant of Rs. 1000/ AWC for purchase of preschool education</p> <p>III. All the AWCs are provided Rs. 250 per child for school dress.</p>	Children 3-6 year old in catchment area of ICDS (40)	AWC	AWW/Labhuk Sabha/ Supervisor / CDPO

3. Immunisation

Service	Target	Service Entitlement / Service Standards	Eligibility	Place	Contact Person							
This Services is provided in coordination with staff of Health Department	Children 0-3 years Pregnant women	<p>I. Immunisation services are available in every AWC on a fixed day every month</p> <p>II. To protect six killer diseases i.e. Polio, Diphtheria, Pertusis, (Whooping Cough) tetanus, T.B. & Measles.</p> <p>III. All children 9m-5yare provided a mega dose of Vitamin A 2 time a year</p>	Children 0-6 year in catchment area of ICDS Pregnant women	AWC/ HSC	ANM/ AWW							
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4. Nutrition and Health Education

Service	Target	Service Entitlement / Service Standards	Eligibility	Place	Contact Person
Nutrition and Health Education	Pregnant and Lactating women, Mothers of Beneficiaries	<p>I. AWW to hold a meeting of mothers every month and provide guidance on issues of mothers and infants for child care.</p> <p>II. AWW will visit homes of families in need of critical care-having pregnant women, new birth, children aged 0-2 years sick and malnourished children.</p>	Women (15-45 Y), Pregnant and lactating mothers, mothers of children 0-6 y old	AWC	AWW/Supervisor & CDPO

5. Health Checkup

Service	Target	Service Entitlement / Service Standards	Eligibility	Place	Contact Person
Health checkup and provide some medicine	children 0-6 y, pregnant and lactating women	<p>I. All infants will be weighed at birth, within 48 hours & parents counselled on feeding and care, extra support of babies weighing <2.5 Kg at birth.</p> <p>II. All children aged 0-3 years will be weighed once every month, graded for nutrition status and families counselled on care of children.</p> <p>III. All children aged 3-6 years will be weighed once in every 3 months, graded for nutrition status and families counselled on care on children.</p> <p>IV. Parents of children found to be malnourished will be provided counselling and health check-up during VHSND.</p> <p>V. Diarrhea _ AWW will visit households repeating</p>	<p>0-6 y children</p> <p>Pregnant and lactating women</p> <p>Adolescent girls</p> <p>Mothers of children 0-6 Y old</p>	AWC	MO/ANM/ AWW

		<p>diarrhea, provide ORS and counselling to the families.</p> <p>VI. AWW will also support families with sick child for home care and referral as needed.</p> <p>Every AWC has a medicine kit containing Paracetamol syrup, Paracetamol tablets, Benzyl Benzoate lotion ,Mebendazol Tablets, Chloramphenicol Eye ointment to be used as needed and instructed.</p>			
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6. Referral Services

Service	Target	Service Entitlement / Service Standards	Eligibility	Place	Contact Person
Special medical care	0-6 y children Pregnant & Lactating women	Women, Pregnant & lactating women if any emergency and critical illness, Children suffering from any disease will refer to the nearest hospital by the AWWs.	Women & children	PHC/ Hospital	AWW/ ASHA/ANM /MO